



# SIMPLE, FRESH FARM BOX MEALS

SEP 20, 2021

*Simple recipes so you can eat well & help sustain local agriculture in our community.*

## Watermelon radishes

**What do they taste like?** Mild, yet slightly sweet & peppery. You don't need to peel them. You can eat them raw, roasted or pickled. Here's a couple of fun recipes that you can use them in!

### Roasted Cauliflower & Radishes with parsley & lemon

#### YOU'LL NEED

1 cup watermelon radishes, trimmed and quartered  
2 cups cauliflower florets  
3 tbsp olive oil  
1 tsp kosher salt  
4 cloves garlic, minced  
1 tbsp butter  
¼ cup chopped parsley  
1 lemon zested

#### ALL YOU HAVE TO DO

- Preheat oven to 375F.
- Toss cut radishes & cauliflower with oil and salt on a sheet pan.
- Roast 30 minutes, tossing halfway through, until slightly browned.
- Remove from the oven and add the garlic, butter and parsley. Return pan the oven for 2 minutes to melt butter. Season with salt & pepper and serve.

### Kale, Cabbage & Radish Salad with cilantro-lime dressing

#### YOU'LL NEED

FOR THE SALAD:  
3 cups finely sliced or shredded purple cabbage  
4 cups kale, stemmed and sliced  
1-2 watermelon radishes  
1 Anaheim chilies  
FOR THE DRESSING:  
3 tbsp fresh lime juice, more to taste  
½ cup chopped fresh cilantro  
¼ tsp kosher salt  
Freshly ground pepper  
Pinch cayenne pepper  
1/2 tsp honey  
4 ½ tbsp olive oil

#### ALL YOU HAVE TO DO

- **Make salad:** Place the sliced kale in a large bowl. Sprinkle with salt & 1 tbsp olive oil. Toss. Massage the leaves w/ your hands for ~3 minutes.
- Remove outer leaves of cabbage & core. Slice or shred.
- Trim radishes & chop. Stem & remove seeds from the chilies, then chop in small pieces. Add everything to bowl & toss it all together.
- **Make dressing:** In small bowl, whisk together all ingredients except oil. Let cilantro steep in mixture for a few minutes, then whisk in the oil in till emulsified. Taste and add more lime juice, salt or pepper if needed. Pour over salad and blend well. Serve.

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